

Case Study

Plym Neuro Rehabilitation Unit at Mount Gould Local Care Centre

Maximising the use of
NHS community buildings



Client: Community Health Partnerships (CHP)

Timescales: June 2020 – Completed December 2024

Services provided:

gbp consult: Utilisation and Capacity Study, Feasibility Study

gbp manage: Project Management services (on behalf of ReSound Health), for the delivery phase of the £6.9m project.

People recovering from life-changing brain and spinal cord injuries in Plymouth and surrounding areas will now have their unique rehabilitation needs supported in a modernised space, thanks to a £6.9m redevelopment of the Plym Neuro Rehabilitation Unit at Mount Gould Local Care Centre (LCC).

Mount Gould LCC is a key component of healthcare provision in the city, developed and managed by gbpartnerships (gbp), on behalf of local LIFT Company, ReSound Health, who provided comprehensive project management support for the delivery of the new unit. It is centrally situated on the Mount Gould Hospital Estate and currently provides a range of services including inpatient, outpatient, community and primary healthcare services all under one roof.

The Mount Gould project serves as an exemplar of how strategic master planning and collaboration between the local health system and private partners can unlock challenges across the NHS estate, especially in times where capital funding is constrained, optimise value across existing well maintained NHS estate and ultimately improve patient care across the local community for many years to come.



Project Scope:

In June 2020, CHP commissioned the gbp consult team (via ReSound Health), to undertake a capacity and utilisation study at Mount Gould Local Care Centre (the Centre). The purpose of the study was to:

- Analyse how the Centre is being used at a granular level.
- Determine if there is additional capacity within the Centre that can be used to provide more local services.
- To assess whether the Plym Neuro Rehabilitation Service*, a specialist 15-bed inpatient unit for brain and spinal cord injury patients, could be accommodated within the Centre.

**Plym Neuro Rehabilitation Service was operating out of a building owned by NHS Property Services on the Mount Gould estate. The building was dated and required significant investment.*

The reconfigured unit at Mount Gould has been completely reimagined, moving away from an old ward format to a new, spacious fit-for-purpose layout, that offers more facilities to help renewable patients after a traumatic injury/surgery. Inpatients will undergo a bespoke package of rehabilitation with the support of therapists from Livewell Southwest.



Our Impact:

- Our analysis and option appraisal provided the client with the robust information necessary to decide whether to proceed with the project or not. Subsequently, in September 2021, the Project Board approved the preferred option of moving Plym Neuro within the Mount Gould Local Care Centre, as recommended by gbpartnerships consult.
- By carrying out this study we have been able to identify existing space that can be better utilised to further improve primary care and bring together services under one roof.
- The new unit will have the capacity to deliver 20,000 annual appointments, improving patient outcomes in the local community within a primary care setting.

ReSound Health
Community well-being in Plymouth

gbp partnerships
CONSULT

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What we did:

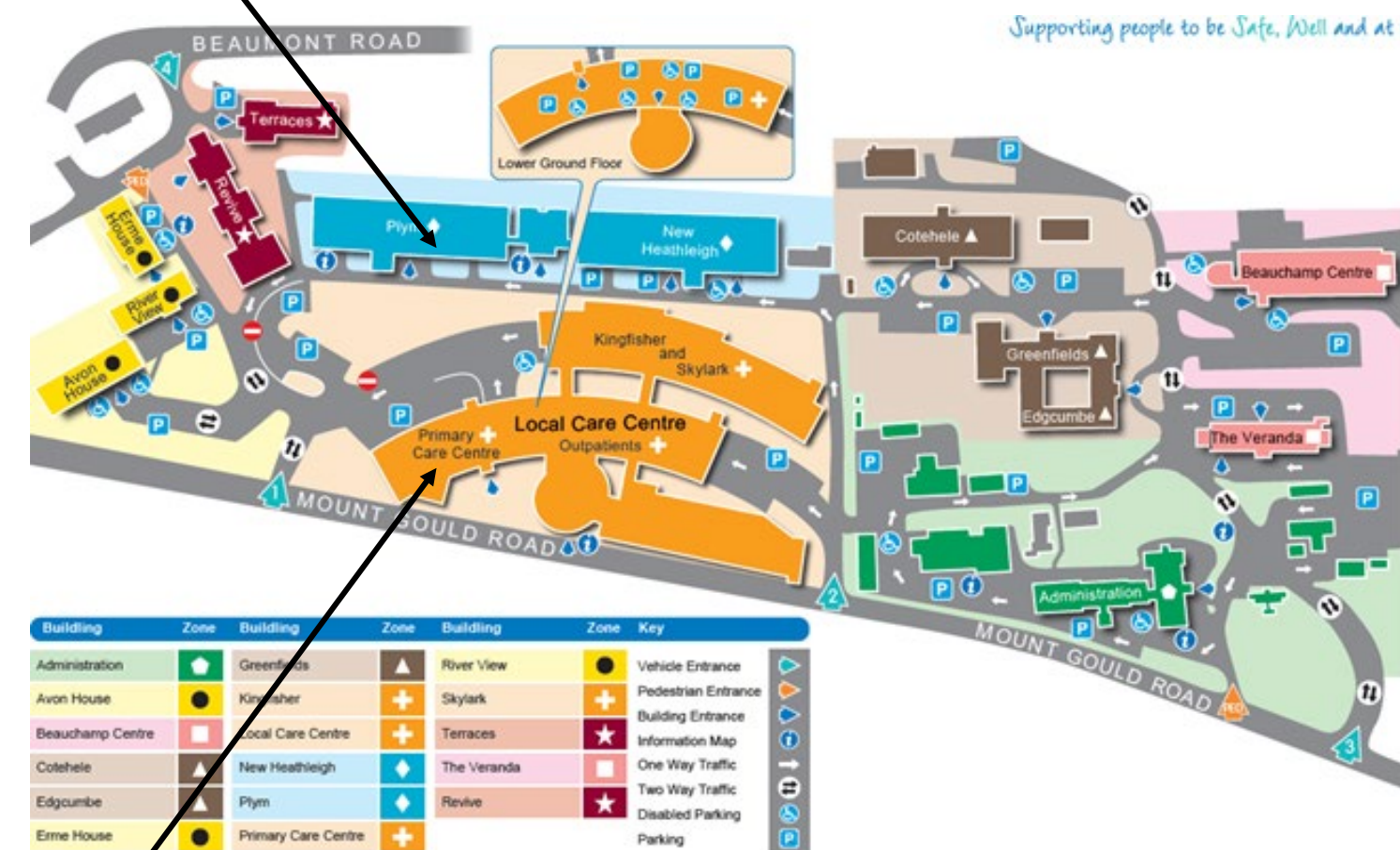
gbpartnerships consult provided a full range of estate evaluation services from utilisation monitoring to service and spatial analysis, to option formulation and appraisal (financial and non-financial). Specific activities included:

- Engagement with key stakeholders such as Livewell, Plym Neuro and University Hospital Plymouth (UHP) to understand service requirements and service activity.
- Attendance at and reporting to monthly Mount Gould Steering Group meetings.
- Facilitated stakeholder workshops.
- Produced a schedule of accommodation for the new Plym Neuro service accommodation within the Centre with comparison of new versus existing.
- Prepared a full report including utilisation data, a review of the clinical vs non-clinical room classifications, service activity data, options to accommodate Plym Neuro within the Centre supported with concept floor plans and costings.
- Created a model to demonstrate the Economic Value of Mount Gould. The model highlighted the differences between the designed, current and opportunity capacity for the Centre.
- Produced a final report articulating the economic impact of moving Plym Neuro into the Centre, including cost of relocating displaced services.

✓ The client was impressed with the strong factual data within our reports that helped support the need for change and drive the project forward. They valued our partnership approach. Helen Beese, CHP System Transformation Delivery partner commented: *“The team were proactive, willing to listen and respond.”*



Plym Neuro currently is currently located directly behind Mount Gould Local Care Centre on the Mount Gould estate. The accommodation (pictured left) is tired, not fit for future service delivery and in need of significant investment.



Reconfiguration works will now be carried out at Mount Gould Local Care Centre (pictured left) to accommodate Plym Neuro.

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The relocation of the Plym Neurological Service to Mount Gould LCC and the reconfiguration of the Hospital Estate demonstrate a commitment to providing high-quality healthcare services in a modern and efficient environment. This project exemplifies the power of collaboration in and innovation in the healthcare sector.





The Power of Partnership



We work in partnership with NHS and public sector organisations to unlock complex estate challenges, planning, developing, and maintaining the highest quality, sustainable health and public buildings that serve the needs of communities, now and in the future.

www.gbpartnerships.co.uk

www.linkedin.com/company/gbpartnerships

If you'd like to find out more or arrange an informal chat about our work contact:

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